7.8 AT | STUDIO SERIES

HORIZON FITNESS



PREMIUM RUNNING TREADMILL

Powered by an ultra responsive 4.0 HP RapidSync™ drive system, the Horizon 7.8 AT offers everything you need to take your treadmill workouts to the next level. From fun runs to HIIT runs and bootcamp classes, the 7.8 AT makes it easier than ever to control your machine, follow instructor cues, and stay in sync with the trainers that push you to be your best.

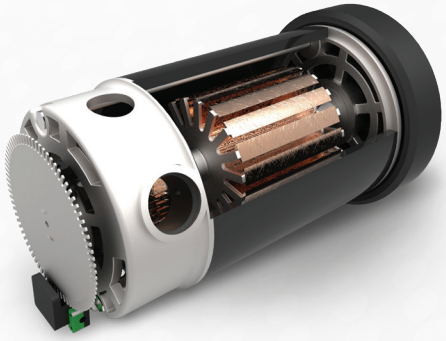
*Tablet and subscriptions not included.

Bluetooth SMART

TREADMILL SPECS	
FRAME	FeatherLight Folding
RUNNING AREA	55 cm x 152 cm / 22" x 60"
CUSHIONING	Variable Response Cushioning
MOTOR	4.0 HP with Rapid Sync Technology
SPEED RANGE	0.8 – 20 km/h / 0.5 – 12 mph
INCLINE RANGE	0 – 15%
DIMENSIONS (L × W × H)	193 x 93 x 162 cm / 76" x 37" x 64"
PRODUCT WEIGHT	150 kg / 330 lbs.
USER WEIGHT CAPACITY	170 kg / 375 lbs.

CONSOLE SPECS	
DISPLAY	16 Digit Alphanumeric LED, 9.3" High contrast TFT Screen
CONNECTIVITY	Bluetooth 4.0 Multi-channel + Bluetooth Audio
WORKOUT FEEDBACK	Time, Distance, Calories, Speed, Incline, Pace, Heart Rate
PROGRAMS	10 - (Manual, Fat Burn, Hill Climb, My First 5K, Distance, Heart Rate, Calories, Custom, Sprint 8, Custom HR)
HEART RATE	Contact Hand Grips, Bluetooth 4.0 Compatible Receiver, Bluetooth Chest Strap Included
EXTRAS	Bluetooth Speakers, Bottle Holder, Fan, USB Charging (1A/5V), Speed & Incline Quick Dial Controls, Energy Saver Mode, Accessory Tray, Audio In/Out Jack, Multi-position Tablet Holders, Media Controls, Custom Interval Keys

33% FASTER SPEED & INCLINE CHANGES



RAPID SYNC MOTOR ADVANTAGE

Perfect for HIIT workouts, Johnson motors featuring Rapid Sync Technology respond to changes in speed and incline faster than traditional home treadmill drive systems. With no lags or delays between interval changes, you'll never fall out of step with your fast-paced workout class again.

CONVENIENT QUICKDIAL CONTROLS

Make swift changes to speed and incline without breaking your stride with QuickDial controls. On the right, roll the dial forward to increase speed and roll it back to decrease speed. On the left, roll it forward to go up the hill and roll it back to come back down.



SPRINT 8

MAXIMUM RESULTS, MINIMUM TIME

Integrated Sprint 8 high-intensity interval training burns fat and builds muscles in a way fad workouts can't, trimming body fat by up to 27% and significantly lowering bad cholesterol after just eight weeks of three 20-minute workouts per week. Individual results vary.

Specifications subject to change without notice. For more information about Horizon Fitness: horizonfitness.com