Functional Trainer

VST600-FT-02

Our functional trainer will help your people strengthen their whole body while standing up to tough environments. Intuitive design makes it easy to start training, and heavy-duty construction means it will be there when users come back for more. Make a strong choice — invest in versatile functional fitness that lasts.



User Amenities

Optional Handle Package (VST600-FTHP)	V-Bar, Triceps Rope, Curl Bar
Placards	Muscle call outs, color-coded, start and finish exercise illustrations
Placard Color Coding	Yellow (upper body), blue (lower body), green (core)
Attachment Storage	6 pegs
Multi-grip Pull-up Bars	Various grip angles for variety of exercise

Adjustments

Color-coded Pivots & Points of Adjustment	Yes
User Adjustment Range	18 user start options

Frame & Cables

Frame Finish	Proprietary two-coat powder process
Available Frame Color	Black
Cable Transmission	Internally lubricated cables and fittings

Tech Specs

Product Weight	429 kg / 945 lbs.
Overall Dimensions	155 x 106 x 219 cm / 66" x 41.7" x 86.2"

Weight Stack

Total Stack Weight	190 kg / 420 lbs. (95 kg / 210 lbs. per side)
Weight Stack Guarding	Full front and rear shields
Effective Resistance (1:2 Pulley Ratio)	113 kg / 210 lbs. (47.5 kg / 105 lbs. per side)