S60 Suspension Elliptical

S60-04

The low-maintenance suspension design of the S60 provides a whisper-quiet, natural exercise experience that protects the user's joints while engaging the whole body. Refined ergonomic details and an easily accessible design make it easy for anyone to get started and have a comfortable workout.



Console

CSAFE	No
Heart Rate	Contact grips, wireless receiver
Programs	Manual, Interval, Fat Burn, Random, HR Weight Loss, HR Interval, Constant Watts, Interval Watts, Hill Watts, Time Goal, Distance Goal, Calories Goal
Workout Feedback	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile
Display	10 x 14 white dot-matrix LED profile display, alphanumeric LEDs, dedicated HR zone display

Tech Specs

Electrical Requirements	Self-powered
Assembled Weight	140 kg / 308 lbs.
User Weight Capacity	182 kg / 400 lbs.
Assembled Dimensions	186 x 75 x 164 cm / 74" x 29.5" x 64.5"

Frame

Extras	Water bottle holder, reading rack
Handlebar Type	Standard foam grips and stationary with contact heart rate grips
Pedal Spacing	5.1 cm / 2"
Pedal Type	Oversized with rubber inserts
Resistance System	2-stage generator
Resistance Range	1–25
Power Incline	No
Frame Type	Suspension Elliptical Trainer
Stride Length	53.3 cm / 21"
Step-on Height	23 cm / 9"