GPR400
Body-Solid Power Rack

Body-Solid
Built for Life





Bar and Weights sold separately

Additional Options

GLA400	Lat Attachment
SPRCUA	Multi-Grip Chin Bar
SPRBP	Band Pegs
GPRDH	Dip Handles
GPRTBR	T-Bar Row
GPRUL	U-Link
GPRWH	Weight Horn
SCB26	Calf Squat Block
SPRBSA	Belt Squat Attach.
SPRHT	Hip Thrust
SPRLHD	Leg Hold Down
SPRLFT	Monolift

GPR400
Power Rack

The Body-Solid GPR400 Power Rack is a heavy-duty Power Rack designed to fit in several facilities from home gyms, garage gyms to commercial strength training facilities, sports team weight rooms and more. Constructed with 11-gauge steel frame and oversized industrial-strength hardware, the GPR400 Power Rack offers superior durability and is built to withstand the intensity of heavy powerlifting and frequent group training. With a height just under 80", the GPR400 Power Rack features a shorter height than most competitive Power Racks and will fit more comfortably in home, garage or basement gym settings. An integrated 1 ¼" (32mm) diameter pull-up bar adds additional functionality to the GPR400 Power Rack. Each GPR400 Power Rack comes standard with pipe & pin safeties and J-cup liftoffs.

Weight: 273 lbs.
Dimensions: 52.6"L x 52"W x 79.1"H

Special Features

- 11-gauge steel mainframe
- Wide walk-in design
- 1" hole spacing for safeties
- Includes pipe & pin safeties and J-cup liftoffs
- Integrated 1 ¼" (32mm) pull-up bar
- Weight Capacity: 1,000 lbs.
- Ideal for home and commercial use

Warranty

C COMMERCIAL RATED

Frame & Welds ..... Lifetime
Bushings and Hardware..... 3 Years
Pads, Cables and Grips ..... 1 Year

In-Home LIFETIME WARRANTY Pads, Pulleys, Cables On Everything Forever Period

Frame & Welds ..... Lifetime
Bushings and Hardware..... Lifetime
Pads, Cables and Grips ..... Lifetime

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GPRFT
Body-Solid Power Rack Functional Trainer

Body-Solid® Built for Life



GPRFT
Power Rack Functional Trainer

Maximize your workout space and experience the benefits of free-weight-based power rack workouts, cable-based functional trainer workouts, and lat pulldowns with the Body-Solid GPRFT Power Rack Functional Trainer Attachment. This add-on effortlessly integrates with the Body-Solid GPR400 Power Rack and offers diverse workout routines while saving precious gym floor space.

Special Features

- Compatible only with the Body-Solid GPR400 Power Rack
- Three-in-one: power rack, functional trainer & lat pulldown machine
- Front swivel 180 degrees and adjust up and down the rack
- Up to 40 adjustments per side
- Dual lat pulldown and dual low pulleys for unlimited workout variety

Warranty

COMMERCIAL RATED

Frame & Welds ..... Lifetime
Bushings and Hardware..... 3 Years
Pads, Cables and Grips ..... 1 Year

In-Home LIFETIME WARRANTY Pads, Pulleys, Cables On Everything Forever Period

Frame & Welds ..... Lifetime
Bushings and Hardware..... Lifetime
Pads, Cables and Grips ..... Lifetime

Weight: 190 lbs
Dimensions: 77”L x 74”W x 81”H

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GPRFTS
Body-Solid Power Rack Functional Trainer with Stack

Body-Solid® Built for Life



GPRFTS
Power Rack Functional Trainer with Stack

Maximize your workout space and experience the benefits of free-weight-based power rack workouts, cable-based functional trainer workouts, and lat pulldowns with the Body-Solid GPRFTS Power Rack Functional Trainer Attachment. This add-on effortlessly integrates with the Body-Solid GPR400 Power Rack and offers diverse workout routines while saving precious gym floor space.

Weight: 625 lbs
Dimensions: 77”L x 57”W x 81”H

Special Features

- Compatible only with the Body-Solid GPR400 Power Rack
- Three-in-one: power rack, functional trainer & lat pulldown machine
- Front pulleys swivel 180 degrees and adjust up and down the rack
- Up to 40 adjustments per side
- Dual lat pulldown and dual low pulleys
- Two 210 lb. weight stacks
- 1/2:1 weight ratio

Warranty

C COMMERCIAL RATED

Frame & Welds ..... Lifetime
Bushings and Hardware..... 3 Years
Pads, Cables and Grips ..... 1 Year

Body-Solid In-Home LIFETIME WARRANTY Pads, Pulleys, Cables On Everything Forever Period

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